



Town of
Lexington
Massachusetts



This is a resource guide only and does not constitute an endorsement by the Town of Lexington or the Human Services Department. Be an educated consumer: ask questions about specific services and service limits and check references.

The Town of Lexington Human Services Department has made every effort to ensure that the contact information, phone numbers, and websites in this resource guide are active and accurate. If you find a listing that is incorrect or inactive, please call the Human Services Department at (781) 698 - 4840 and we will make the necessary change.

If additional support is needed, please contact Human Services to schedule an appointment with clinical staff, who will meet with you one-on-one to connect you to resources that meet your individual needs.

TOWN OF LEXINGTON YOUTH & FAMILY SERVICES RESOURCE GUIDE

*Last Updated:
Fall, 2021*

The Town of Lexington Department of Youth & Family Services is located at the Lexington Community Center. Our staff is available during weekday hours to assist you in the following:

- Information and referral services
- Brief case-management services
- Collaboration with Town departments and community-based youth and family service providers
- Mental health referrals and emergency financial assistance
- Crisis intervention
- Intergenerational programming
- School consultation services
- Youth programming
- Parent support services
- Community outreach

We are committed to helping the residents of Lexington in times of need and change. We hope this guide assists you in understanding the resources available to residents in Lexington. Please contact our staff to schedule an appointment to discuss any of the listed above and we will be happy to help you.

Thank you,

*Tony Serio, LCSW - Assistant Director of Youth & Family Services
Sharon Gunda, LCSW - Clinical and Community Outreach Manager*



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Town Emergency Contacts

Police Department

1575 Massachusetts Ave. Lexington, MA 02420

Non-Emergency Phone: (781) 862 - 1212

Hours: 24/7

<https://www.lexingtonma.gov/police>

Fire Department Headquarters

45 Bedford St. Lexington, MA 02420

Non-Emergency Phone: (781) 698 - 4700

Non-Emergency Office Hours:

Monday – Friday: 8:30 AM to 4:30 PM

<https://www.lexingtonma.gov/fire-department>

Poison Control

Phone: (800) 222 - 1222

<http://www.maripoisoncenter.com/>

If in doubt during an emergency, always call 9-1-1

Human Services Contact Information

Department of Human Services

(Located on the 2nd floor at the Lexington Community Center)

39 Marrett Rd. Lexington, MA 02421

Hours: Monday - Friday: 8:30AM - 4:30PM

Phone: (781) 698 - 4840

Email: humanservicesoffice@lexingtonma.gov

Website(s): <https://www.lexingtonma.gov/human-services>

<https://www.lexingtonma.gov/youth-family-services>

<https://www.lexingtonma.gov/human-services/senior-services>

Melissa Interest, LICSW

Director of Human Services

Office: (781) 698 - 4841

Email: minterest@lexingtonma.gov

Tony Serio, LCSW

Assistant Director of Youth and Family Services

Office: (781) 698 - 4843

Email: aserio@lexingtonma.gov

Sharon Gunda, LCSW

Clinical and Community Outreach Manager

Office: (781) 698 - 4851

Email: sgunda@lexingtonma.gov

Hemali Shah, M.A., LSW

Director of Senior Services

Office: (781) 698 - 4842

Email: hshah@lexingtonma.gov

Town Departments

Assessor's Office
(781) 678 - 4570

Select Board
(781) 698 - 4580

Building Inspection
(781) 698 - 4530

Cary Memorial Library
(781) 862 - 6288

Cemetery
(781) 274 - 8300

Community Development
(781) 698 - 4500

Comptroller's Office
(781) 698-4621

Environmental Services
(781) 274 - 8334

Finance Department
(781) 698 - 4621

Lexington Fire Department
(781) 862 - 0272

Human Resources Department
(781) 698 - 4590

Liberty Ride
(339) 223 - 5623

Lexington Police Department
(781) 862 - 1212

Lexington Department of Public Health
(781) 698 - 4533

Recreation & Community Programs Department
(781) 698 - 4800

Town Clerk's Office
(781) 861 - 2754

Town Manager's Office
(781) 861 - 2921

Water & Sewer Department
(781) 274 - 8300

Mental Health Information

William James INTERFACE

Phone: (888) 244 - 6843

<https://interface.williamjames.edu/community/lexington>

William James Interface Referral Services is a FREE and confidential service now available to ALL Lexington residents and students in Lexington schools. The service maintains a mental health and wellness referral Helpline Monday through Friday, 9 am - 5 pm, at 888-244-6843 (toll-free). Through the Helpline, callers work with a Resource and Referral Counselor who will help them navigate the challenges of finding mental health services. Each caller will be assigned a lead counselor who will provide matches to services, as well as provide information and resources about mental health and wellness.

Lexington Youth Counseling Connection (YCC)

7 Harrington Road Lexington, MA

02421 <https://youthcounselingconnection.org/>

Phone: (781) 862 - 0330

Email: admin@youthcounselingconnection.org

Offers counseling services for youth and families as well as drop-in crisis counseling every Wednesday from 2pm – 4pm.

Advocates Psychiatric Emergency Service (PES)

Phone: (800) 640 - 5432

<https://advocates.org/services/psychiatric-emergency-services>

Advocates provides mobile crisis intervention, 24 hours a day, 365 days a year. Advocates PES serves individuals of all ages in 30 Boston communities, regardless of ability to pay.

National Suicide Prevention Lifeline:

Phone: 988 or (877) 273 - 8255

<https://suicidepreventionlifeline.org/>

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Samaritans

Call or Text: (877) 870 - 4673

<https://samaritanshope.org/>

Samaritans primary suicide prevention program is a 24 Hour/7 day Telephone Befriending Service. Anyone in need can use the support of Samaritans, which is free, confidential, anonymous, and is accessible any time of the day or night. Samaritan volunteers offer callers uncritical acceptance and respect in a comforting and understanding manner. In addition to supporting depressed, lonely and suicidal callers, this program also supports those calling with concerns for others.

Samariteens

Phone: (800) 252 - 8336

<https://samaritanshope.org/>

Samariteens is a teen help line that provides confidential peer support and understanding to teens who are struggling with feelings of depression, loneliness and stress. Offered from 3 pm to 9 pm on weekdays, and 9 am to 9 pm on weekends, this service is staffed by volunteers between the ages of 15 and 18. Outside of these hours, calls are answered by adult volunteers.

****If you or someone you know is experiencing a mental health crisis, please call 911 to seek emergency assistance****

Housing Information

Regional Housing Services

37 Knox Trail, Acton, MA. 01720

Phone: (978) 287-1092

<https://www.rhsohousing.org/lexington>

Regional Housing Services Office provides members
Lexington with affordable housing support and information.

Lexington Housing Authority (LHA)

1 Countryside Village Lexington, MA 02420

Phone: (781) 861 - 0900

www.lexingtonhousing.org

Lexington Housing Authority Board (LexHAB)

1620 Massachusetts Avenue Lexington, MA 02420

Phone: (781) 863 - 5362

<https://www.lexingtonma.gov/lexington-housing-assistance-board-lexhab>

LGBTQIA+ Support

LexPride

LexPride's mission is to develop community and advance full equality for LGBTQIA+ people and their families and allies in Lexington, Massachusetts.

Email: LexPrideMA@gmail.com

<https://www.lexpridema.org/about>

Special Needs & Disability Support

Lexington SEPAC

Lexington Special Education Parent Advisory Council

146 Maple St, Lexington MA, 02421

Phone: (617) 650 - 7326

Email: presidents@lexsepta.org

www.lexsepac.org

Lexington Commission on Disability

Phone: (781) 698 - 4541 (*ADA Coordinator*)

<https://www.lexingtonma.gov/commission-disability>

Department of Developmental Services

35 Nagog Park, Suite 2000, Acton, MA. 01720

Phone: (978) 206 - 2050

Area Director: Lynnlee Jordan

Email: lynnlee.jordan@mass.gov

<https://www.mass.gov/locations/dds-central-middlesex-area-office>

Community Resources

Lexington Interfaith Food Pantry

Church of Our Redeemer, 6 Meriam St. Lexington, MA. 02420

Phone: (781) 861 - 5060

Email: lexfoodpantry@gmail.com

<https://www.lexingtonfoodpantry.org/>

The pantry is open most Saturdays from 9:30 am until 11:00 am. ***Please call the Human Services Department at 781-861-0194 to make an appointment for a food pantry referral.***

Lexington Neighbor Brigade

1625 Massachusetts Ave. Lexington, MA 02420

Phone: (855) 241 - 4357

Email: LexingtonMA@neighborbrigade.org

<https://www.neighborbrigade.org/>

Neighbor Brigade establishes community-specific networks of volunteers that can be mobilized to help residents facing sudden crisis manage day-to-day tasks such as meal preparation, rides, and basic household chores.

Community Teamwork, Inc.

45 Kirk Street, 2nd Floor, Lowell, MA. 01852

Phone: (978) 459 - 6161

<https://toapply.org/CTI>

CTI is a Community Service Agency (CSA) that administers fuel assistance applications for Residents of Lexington. Fuel Assistance program (LIHEAP) runs from November 1 to April 31 each year. Residents can apply online or contact the Human Services Department at (781) 698 - 4840 to schedule a time to fill out a fuel assistance application.

Metro Housing Boston Partnership (MHBP)

1411 Tremont St., Boston, MA 02120

Phone: (617) 859 - 0400

<https://www.metrohousingboston.org/what-we-do/specialized-services/raft/>

Offers Residential Assistance for Families in Transition (RAFT) funding for homelessness prevention. Income eligibility is required for financial assistance to families who are homeless, at risk of becoming homeless, or have utility or rental arrearages.

MetroWest Collaborative Development

Phone: (617) 923 - 3505 x 8

Email: barbara@metrowestcd.org

<https://metrowestcd.org/renters/info-for-renters/>

Metro West Collaborative Development is offering free housing counseling to individuals and families who live in Lexington. Small rent assistance grants may be available to households who have lost income due to Covid-19 and are in rent arrearage.

Department of Transitional Assistance

200 Pleasant Street Malden, MA. 02148

Phone: (781) 388 - 7300

<https://dtacconnect.eohhs.mass.gov/>

The Department of Transitional Assistance (DTA) provides several federally funded food and economic assistance programs, as well as job supports to families with low income.

Lexington School Information

LPS Central Administration Office

146 Maple St. Lexington, MA. 02420

Phone: (781) 861 - 2580

Superintendent: Dr. Julie Hackett

<https://www.lexingtonma.org/>

Lexington Children's Place (preschool)

20 Pelham Rd, Lexington, MA. 02421

Phone: (781) 860 - 5823

Bowman Elementary School

9 Philip Rd, Lexington, MA. 02421

Phone: (781) 861 - 2500

Bridge Elementary School

55 Middleby Rd, Lexington, MA. 02421

Phone: (781) 861 - 2510

Estabrook Elementary School

117 Grove St, Lexington, MA. 02420

Phone: (781) 861 - 2520

Fiske Elementary School

55 Adams St, Lexington, MA. 02420

Phone: (781) 541 - 5001

Harrington Elementary School

328 Lowell St, Lexington, MA. 02420

Phone: (781) 860 - 0012

Hastings Elementary School

7 Crosby Rd, Lexington, MA. 02421

Phone: (781) 860 - 5800

Clarke Middle School

17 Stedman Rd, Lexington, MA 02421

Phone: (781) 861 - 2450

Diamond Middle School

99 Hancock St, Lexington, MA. 02420

Phone: (781) 861 - 2460

Lexington High School

251 Waltham St, Lexington, MA. 02421

Phone: (781) 861 - 2320

Minuteman Career and Technical High School

758 Marrett Rd, Lexington, MA. 02421

Phone: (781) 861 - 6500

<https://www.minuteman.org/>

Lexington Community Education

146 Maple Street, Lexington, MA. 02420

Phone: (781) 862 - 8043

Email: LCE@lexingtonma.org

<http://www.lexingtoncommunityed.org/>

Transportation Information

Town of Lexington Transportation Services:

Susan Barrett, Director of Transportation

Phone: (781) 861 - 1210

Mel Novner, Municipal Assistant

Phone: (781) 698 - 4822

Hours: Monday through Friday

8:30AM - 4:30PM

Email: transportation@lexingtonma.gov

<https://www.lexingtonma.gov/transportation-services>

Lexpress

<https://www.lexingtonma.gov/lexpress>

Lexpress is Lexington's own local bus service operating since 1979. Students have been part of the ridership since the beginning and may pay their fare with cash, with a Lexpress ticket, or with the purchase of a bus pass. Subsidized passes are available for students/families with financial need. Please refer to the Lexpress website for full details on fares, routes, schedule, etc. Lexpress has routes that go past every Lexington Public School in addition to other schools and services of interest to students and families.

MBTA

<https://www.mbta.com/pass-program/student>

Students can ride the MBTA. If they are under the age of 11 and riding with an adult, they travel for free. Above the age of 11, there are discounted fares offered with Student Charlie Cards. MBTA #76 stops in front of Lexington High School, and the MBTA #62 is just a 6 minute walk away on Massachusetts Ave. The #76 is also the bus that serves Minuteman Tech. The #76 is the closest option for Clarke Middle School students at Marrett & Waltham. For Diamond Middle School students, the #62 can be caught on Bedford & Hancock.

Student Charlie Cards are only available in schools for students age 12-18 enrolled in middle or high school. Lexington High School students can obtain their Student Charlie Card in Room 145 of Lexington High School or by emailing: hdavis@lexingtonma.org.

MBTA Youth Passes for low-income youth ages 12-25 who are not enrolled in middle or high school are available at the Lexington Community Center. *Please speak with Lexington Transportation staff for more information.*

Emergency Financial Assistance

Lexington Emergency Assistance Fund (LEAF)

LEAF is a collection of funds specifically setup to provide financial assistance to Lexington residents experiencing an unexpected financial crisis. LEAF can provide limited financial help for critical needs when other funding sources are unavailable or have been exhausted.

To be Eligible, You Must:

- Be a resident of Lexington for at least 3 months.
- Provide proof of residency and income, and other information as requested to complete your application.
- Have a household income that is within these Assistance Income Guidelines.
- Develop a plan for how you will manage financial needs in the future with a Human Services Department Social Worker.

To learn more, visit: <https://www.lexingtonma.gov/human-services/pages/emergency-financial-assistance>

Please contact Human Services at: (781) 698 - 4840 should you have any further questions.

Other Emergency Information

Report Child Abuse/Neglect

Phone: (800) 792 - 5200

<https://www.mass.gov/how-to/report-child-abuse-or-neglect>

Report Disabled Person Abuse/Neglect

Phone: (800) 426 - 9009

<https://www.mass.gov/reporting-abuse-and-neglect>

Domestic Violence Service Network

Phone: (888) 399 - 6111

<https://www.dvsn.org/>

National Teen Dating Abuse Helpline

Phone: (866) 331 - 9474

<http://www.loveisrespect.org/>

National Runaway Youth Hotline:

Phone: (800) 786 - 2929

<https://www.1800runaway.org/>

National Sexual Assault Hotline:

Phone: (877) 785 - 2020

<https://www.rainn.org/>

National Suicide Prevention Lifeline:

Phone: 988 or (877) 273 - 8255

<https://suicidepreventionlifeline.org/>