



*Town of Lexington*  
**Recreation and Community Programs**

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## **2023 AQUATIC FACILITIES RULES**

The following rules apply to all patrons who visit the Town Pool and the Old Reservoir.

1. Swimming is only allowed when a lifeguard is on duty. Swimwear must be worn at all times.
2. The aquatics manager or lifeguard on duty has the discretion to administer additional safety rules to protect patrons using each facility.
3. All patrons must conduct themselves in a courteous, safe and family oriented manner.
4. The following is prohibited on site: running, pushing, horseplay, smoking, animals, coolers and gum. There are picnic tables outside of each facility.
5. US Coast Guard approved flotation devices are allowed at public swim in the Garrity Pool.
6. Daily guest wristbands must be worn at all times, including swim test wristbands.
7. All swimmers must take a cleansing shower prior to entering the water.
8. Persons with a communicable disease are not allowed in the water.
9. Band-aids are not to be worn in the water.
10. Persons with an open cut are not allowed in the water.
11. Swim diapers and regular diaper changing should occur for any children who are not toilet trained.
12. Patrons must be at least 12 years old in order to enter the facility alone.
13. All children under the age of 12 must be supervised by someone 12 years or older.

The Town of Lexington will not be responsible for lost or damaged personal property.

### **Rules Specific to the Town Pool:**

1. In order to use the Lap Pool or Dive Pool, patrons must pass a swim test. The swim test is swimming two lengths, non-stop, of the Lap Pool using the front crawl (freestyle stroke) with rotary breathing and tread water for one minute (please ask the manager or head guard to administer the swim test).
  - a. The swim test will only need to be passed once for the season, but a lifeguard can request to have a test done again if swimming ability is questioned.
  - b. For those who have passed the test, upon entry they will receive a separate wristband that will help signify they have passed the swim test.

2. The following items are not allowed in the Pool facility: food, glass containers, masks, snorkels, fins, and toys.
  - a. If special goggles or masks may be necessary, please connect with the Recreation Supervisor. You will need to submit a request for the use of the particular item and submit a doctor's note.
3. Diving is only allowed in the Diving Pool.
4. Beach chairs are allowed only at the perimeter of the fence at the Town Pool.

**Garrity Pool:**

1. Non-swimmers must be accompanied by someone 12 years or older who is within arm's reach.
2. Non-swimmers able to stand with head out of water must be able to move themselves across the width of the pool without touching the bottom.
3. No diving or jumping allowed.
4. Flotation devices are permitted only in the Garrity Pool.

**Lap Pool:**

1. A swim test may be requested at any time by a staff member to confirm swim ability.
2. Flotation devices may not be used in the Lap Pool.

**Diving Pool:**

1. Swimmers must exit the pool depending on which diving board is used:
  - a. When a (1) meter board is used, patron should exit from the closest ladder.
    - i. If the right diving board is used, exit to the right.
    - ii. If the left diving board is used, exit to the left.
  - b. When using the three (3) meter board, exit from the ladder straight ahead.
2. Children under the age of eight (8) are prohibited from using the three (3) meter board, regardless of swimming ability.

Failure to abide by these rules can result in ejection from the facility.

**Rules Specific to the Old Reservoir:**

1. Non-swimmers must always be one-on-one with an adult.
2. Beach balls are allowed on the beach, but are not to be used as floats.
3. The gatehouse, which is the cement dock off of the dam, is off limits. Please stay off.
4. Beach chairs are permitted on the beach at the Old Reservoir.
5. The following items are prohibited at the Old Reservoir: food and glass containers.