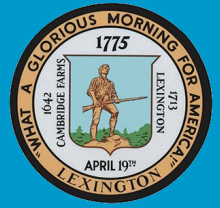


# Lexington Human Services Department

## COVID-19 Resource List



The Town of Lexington Human Services Department connects residents to services that promote health and well-being. If you need assistance finding food, paying housing bills, accessing transportation, picking up prescriptions, locating mental health resources, or finding other essential services call us at 781-698-4840, Monday through Friday from 8:30am to 4:30pm. We have collated a resource list to assist residents with essential needs in anticipation of the impacts of COVID-19. Please note that this situation is fluid and changing on a daily basis therefore these resources may change. Call us at 781-698-4840 or visit [lexingtonma.gov/human-services](http://lexingtonma.gov/human-services) for updated information.

### GROCERY/FOOD/ESSENTIAL NEEDS

**Lexington Interfaith Food Pantry:** Located at Church of Our Redeemer (6 Meriam St, Lexington); open Saturdays 9:30 am to 11:00 am, delivery option available. The food pantry is for low income Lexington residents. New clients must obtain a letter from the Human Services Department (781-698-4840) to access the pantry.

**Contact:** [www.lexingtonfoodpantry.org](http://www.lexingtonfoodpantry.org) or [lexfoodpantry@gmail.com](mailto:lexfoodpantry@gmail.com) or 781-861-5060.

**Lexington Public School District:** Providing breakfast and lunch options for students in need during the closure. The District will provide all LPS students who are enrolled in the free and reduced-cost meal program with breakfast and lunch bags Monday through Friday until school is back in session. The District is contacting eligible families with further details. For questions regarding orders, please contact Kevin Silvia at 781-861-2320 x69107 or [ksilvia@lexingtonma.org](mailto:ksilvia@lexingtonma.org). If you believe you are eligible, but have not received a communication, please contact David Coelho ([dcoelho@lexingtonma.org](mailto:dcoelho@lexingtonma.org)). Families who need transportation or assistance with delivery should contact Johnny Cole, LPS Director of Equity and Student Supports ([jcole@lexingtonma.org](mailto:jcole@lexingtonma.org)).

Boston families can go to any of the sites open to free/reduced meal cost students through Boston Public Schools (BPS). Locations will be open Monday - Friday from 8:30 am - 11:30 am at the schools listed [here](#).

**Visit:** <https://sites.google.com/lexingtonma.org/equity/home>

**Neighbor Brigade:** Mobilizes fully vetted volunteers to help residents facing sudden crisis. Volunteers provide non-medical, non-monetary services. Offering the following services: Grocery store runs; Pharmacy runs to pick up and deliver medication; Meal delivery from local restaurants or commercial kitchens.

**Contact:** [www.neighborbrigade.org/lexingtonma](http://www.neighborbrigade.org/lexingtonma) or 855-241-HELP.

**Help Around Town:** Connects jobs and helpers available for tasks related to COVID-19. Paid or volunteer.

**Contact:** [www.HelpAroundTown.com/categories/covid-19](http://www.HelpAroundTown.com/categories/covid-19)

**Chinese American Association of Lexington (CAAL):** Launched a portal (<http://covid19help.weform.net>) for those in need of assistance as well as those looking to volunteer. Volunteers are able to assist with food shopping and meal delivery for those who are in isolation or quarantine and/or unable to obtain groceries/meals. CAAL also has surgical masks (not N95) available if you have an urgent need. Use the contact info above to request them. These masks and/or funds to purchase them were donated by generous Lexington residents.

**Contact:** Sign up at <http://covid19help.weform.net> or email Weidong Wang at [weidong@yahoo.com](mailto:weidong@yahoo.com) or Hua Wang at [hua\\_o\\_wang@yahoo.com](mailto:hua_o_wang@yahoo.com) or call 339-970-8550.

**Chinese Americans of Lexington (CALex):** CALex has a volunteer team with over 80 parents. If people need help, please reach out to us. Local restaurant gift cards are available to those in need. Special thanks to Chinese Americans of Lexington (CALex) for donating these. Contact Human Services for more information at 781-698-4840.

**Contact:** <https://calexma.org/contact-us/> or email [help2020@calexma.org](mailto:help2020@calexma.org)

## GROCERY/FOOD/ESSENTIAL NEEDS CONTINUED

**Twyrl@Home:** restaurant in Arlington that prepares and delivers pasta meals. Through April 15th when you purchase a meal, they will deliver two free meals to a senior in the community (includes Lexington).

**Contact:** [twyrlhome.com/senior-citizen-initiative](http://twyrlhome.com/senior-citizen-initiative) or 781-859-3123 or [ankatwyrlhome@gmail.com](mailto:ankatwyrlhome@gmail.com)

**Wilson Farm, Lexington, MA:** Offering free grocery delivery for online orders.

**Visit:** [www.mercato.com/shop/wilson-farm](http://www.mercato.com/shop/wilson-farm) or [www.wilsonfarm.com](http://www.wilsonfarm.com)

**Market Basket, Burlington, MA:** Hours for seniors only on Tues/Wed/Thurs 5:30 am to 7:00 am.

**Contact:** 781-273-3673, located at 43 Middlesex Turnpike, Burlington, MA.

**Stop and Shop, Lexington, MA:** Hours for those age 60+ only from 6:00 am to 7:30 am daily.

**Contact:** 781-861-0457, located at 36 Bedford St, Lexington, MA.

## TRANSPORTATION

**Lexington Transportation Services:** As of March 23<sup>rd</sup>, Lexpress will move to an on-demand service for essential outings only. The LexConnect taxi will continue operation however, please take precautions when riding taxis given the close quarters.

**Contact:** [www.lexpress.us](http://www.lexpress.us) or have people email us at [transportation@lexingtonma.gov](mailto:transportation@lexingtonma.gov) or 781-698-4821 to find the latest information.

## PHARMACIES

**Theatre Pharmacy:** 781-862-4480. \$12 delivery fee via taxi service.

**CVS, Lexington, MA:** 781-862-4080. Delivery depends on eligibility.

**Walgreens, Lexington, MA:** 781-863-1111. Delivery option available, all fees waived.

## MENTAL HEALTH

**William James Interface Referral Service:** is a mental health and wellness referral Helpline. This is a free, confidential referral service for individuals across the lifespan living in Lexington.

**Contact:** 888-244-6843 (toll free) available Monday through Friday, 9 am-5 pm

## GENERAL, STATE OR COMMUNITY SUPPORT, AND CONSTITUENT SERVICES NEEDS

**State Senator Mike Barrett:** **Contact,** Mike Barrett at [mike.barrett@masenate.gov](mailto:mike.barrett@masenate.gov); Legislative Aide Brendan Berger at [brendan.berger@masenate.gov](mailto:brendan.berger@masenate.gov). Telephone: 617-722-1572.

**State Senator Cindy Friedman:** **Contact,** Cindy Friedman at [cindy.friedman@masenate.gov](mailto:cindy.friedman@masenate.gov); Legislative Aide Dave Swanson at [david.swanson@masenate.gov](mailto:david.swanson@masenate.gov). Telephone: 617-722-1432.

**State Representative Michelle Ciccolo:** **Contact,** Michelle Ciccolo at [michelle.ciccolo@mahouse.gov](mailto:michelle.ciccolo@mahouse.gov) or [www.MichelleCiccolo.com](http://www.MichelleCiccolo.com); Legislative Aide Mason Heilman at [Mason.Heilman@mahouse.gov](mailto:Mason.Heilman@mahouse.gov). Telephone: 617-722-2210 x 3 and GoogleVoice: 781-330-0730.

## ADDITIONAL RESOURCES

**Lexington Refugee Assistance Program (LexRAP):** Supports and assists refugees and asylum seekers in need of assistance which includes a support network for basic needs, education (especially English), employment, legal aid, and socialization. In partnership with First Parish of Lexington, LexRAP is ready to assist those impacted by COVID-19.

**Contact:** [www.lexrap.org](http://www.lexrap.org) or Omar Khudari [omar@khudari.net](mailto:omar@khudari.net)

**Intergenerational Outreach Club (IOC):** A group of Lexington High School student volunteers who have partnered with Help Around Town to assist Seniors with needed tasks free of charge.

**Contact:** Darren Tran at [22tran@lexingtonma.org](mailto:22tran@lexingtonma.org) or Armann Tipirneni at [22tipirneni@lexingtonma.org](mailto:22tipirneni@lexingtonma.org)

## DONATIONS

If you would like to help those in need, contact any of these organizations directly. Or make a monetary donation to the **Fund for Lexington**, which is used to help residents during difficult situations and is accessed through the Human Services Department. Mail a donation to: Fund For Lexington, Trustees of Public Trusts, 1625 Massachusetts Avenue, Lexington, Massachusetts 02420. For more information visit: <https://www.lexingtonma.gov/lexhelp>